



# Roxsand



## Positivity is Contagious

Written by Elizabeth McCarty, Sales

A positive attitude in the workplace sets the tone for everything that follows. When employees approach their work with optimism, morale naturally rises. People feel more motivated, supported, and willing to collaborate, which strengthens team relationships and reduces conflict. This kind of environment encourages open communication and trust, helping employees feel valued and engaged rather than drained or

disconnected. As stress levels decrease, individuals are better able to manage challenges, adapt to change, and maintain emotional resilience. Even during demanding or high-pressure periods.

From a performance standpoint, positivity directly impacts productivity and profitability. Employees with a positive outlook tend to be more focused, creative, and efficient, leading to higher quality work and fewer costly mistakes. Lower stress and higher engagement reduce absences and turnover, saving organizations significant time and money. Over time, this energy compounds. Teams perform better, customers receive better service, and leaders see greater results. Ultimately, a positive workplace attitude is a powerful driver of sustainable performance, healthier teams, and long-term business success.

A positive, solution-focused mindset is what drives us here at L. G. Everist.

[Click here for the Spanish Version.. Haga clic aquí para la versión en español](#)

## Birthdays This Week

Collin Weis - D & I  
 William Wood - Firestone  
 Amanda Sorgdrager - Ace Ready Mix  
 Jossie Eidsness - Brookings  
 Christopher Furness - Dell Rapids West  
 Troy Jensen - Myrl & Roy's  
 Nathaniel Sprenkle - Ace Ready Mix  
 Jennifer Block - Ortonville  
 Donovan Merrow - Harrisburg Transload  
 Bret Korstjens - Ortonville  
 Aaron Boltjes - D & I  
 Avery Millikan - D & I

## Milestone Anniversary

Gregory Arnold - Sioux City Unload



## Weekly Throwback

This rare footage captures material movement, documented on a film labeled "1920's", alongside paving scenes from the streets of Sioux City, IA. During this time, Hubert Everist (second-generation Everist) incorporated the sister company Western Asphalt Paving Corporation (Western Contracting), while the L. G. Everist business continued to manage aggregate unloading and transport.

## A Healthy Lunchbox - From the American Heart Association

Healthy eating is all about creating a balanced diet. This can be done at home, at work, or at restaurants. Checking nutrition labels and modifying your eating habits can help with eating healthier and weight loss. Eating healthy is an important element of the American Heart Association's [Life's Essential 8](#) – the key measures for improving cardiovascular health.

- Pick healthy snack foods, such as apple slices, oranges, bananas, almonds, and other nuts or raw veggies
- Choose plenty of healthy protein like roasted chicken, smoked salmon, roast beef, and beans.
- Eat whole-grain bread and wraps for energy.
- Drink plenty of water to remain hydrated, supplement with a zero-sugar electrolyte beverage when the weather is hot. Avoid sodas, energy drinks, and premade coffees.

If you know someone that would like to receive the Roxsand, have them send their personal email to [info@LGEverist.com](mailto:info@LGEverist.com) and request to be added to the mailing list or visit our website to sign-up.



L. G. Everist | 350 S Main Ave, Suite 400 | Sioux Falls, SD 57104 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!